



WHAT is IConnect?

A service that connects people to experiences and opportunities.

What EXPERIENCES and OPPORTUNITIES?

Connect to museums, concerts, classes, community events, and more.

WHO participates in IConnect?

People age 55+ who want to learn new things, socialize with others and be connected.

WEEKLY SCHEDULE

Sunday

10am - 10:30am	Sunday School
11am - 1:30pm	Morning Service
6pm - 8pm	Gospel Sounds

Monday

9am - 9:30am	Morning Inspiration
10:15am - 10:45am	Chair Exercise
11am - 11:30am	Cleveland Metroparks Virtual Classroom
12pm - 1pm	Lunchtime Learn and Chat
1:30pm - 2:30pm	A Trip Down Soap Lane
3:30pm - 4pm	Cleveland Metroparks Virtual Classroom
5pm - 6pm	Dinnertime Learn and Chat
6:30pm - 7:30pm	Fun N Games
8pm - 9pm	Old Time Radio Show
10pm - 10:30pm	Bedtime Stories

Tuesday

9am - 9:30am	Morning Inspiration
10:15am - 10:45am	Walk N' Talk
11am - 11:30am	Cleveland Metroparks Virtual Classroom
12pm - 1pm	Lunchtime Learn and Chat
1:30pm - 2:30pm	A Trip Down Soap Lane
3pm - 4pm	BINGO
5pm - 6pm	Dinnertime Learn and Chat
6:30pm - 7:30pm	Fun N Games
8pm - 9pm	Old Time Radio Show
10pm - 10:30pm	Bedtime Stories

Wednesday

9am - 9:30am	Morning Inspiration
10:15am - 10:45am	Chair Exercise
11am - 11:30am	Cleveland Metroparks Virtual Classroom
12pm - 1pm	Lunchtime Learn and Chat
1:30pm - 2:30pm	A Trip Down Soap Lane
3pm - 4pm	Art in ME!
5pm - 6pm	Dinnertime Learn and Chat

WEEKLY SCHEDULE cont'd

Wednesday cont'd

6:30pm - 7:30pm	Fun N Games
8pm - 9pm	Old Time Radio Show
10pm - 10:30pm	Bedtime Stories

Thursday

9am - 9:30am	Morning Inspiration
10:15am - 10:45am	Walk N' Talk
11am - 11:30am	Cleveland Metroparks Virtual Classroom
12pm - 1pm	Lunchtime Learn and Chat
1pm - 1:30pm	Exercise with Quantum Leap
1:30pm - 2:30pm	A Trip Down Soap Lane
3:30pm - 4pm	Cleveland Metroparks Virtual Classroom
5pm - 6pm	Dinnertime Learn and Chat
7pm - 8:30pm	Bible Study
9pm - 10pm	The Soap Operas On Radio
10pm - 10:30pm	Bedtime Stories

Friday

9am - 9:30am	Morning Inspiration
10:15am - 10:45am	Chair Exercise
11am - 11:30am	Cleveland Metroparks Virtual Classroom
12pm - 1pm	Lunchtime Learn and Chat
1:30pm - 2:30pm	A Trip Down Soap Lane
3:30pm - 4pm	Cleveland Metroparks Virtual Classroom
5pm - 6pm	Dinnertime Learn and Chat
7pm - 9pm	At the Movies
10pm - 10:30pm	Bedtime Stories
11:00pm - 1am	Late Night Movies

Saturday

1am - 3am	Late, Late Night Movies
5pm - 6pm	Storytelling
6pm - 7pm	Virtual Travel
7pm - 8am	Saturday Night Party



SESSION

DESCRIPTION

Art in ME!	Have fun bringing out the artist in you through fun creative exercises.
At the Movies Late Night Movies Late, Late Night Movies	Get together as a group and watch your favorite movie from action to drama to the early morning hours.
A Trip Down Soap Lane	Take a trip all the way back to the beginning of soap operas till the present day.
Bedtime Stories	Go to sleep listening to stories that help you drift off to sleep.
Chair Exercise	Get an effective workout while sitting down in your chair.
Cleveland Metroparks	Learn about nature, native wildlife and your favorite zoo animal.
Dinnertime Learn and Chat	Be edutained while sharing some dinner conversation.
Exercise	Have fun working out and keeping in shape with Quantum Leap.
Fun N Games	Have fun testing your knowledge on various topics.
Gospel Sounds	Enjoy listening or watching various past and present gospel artists.
Lunchtime Learn and Chat	Share recipes and resources along with some good conversation.
Morning Inspiration	Get inspired or inspire others through inspirational conversations.
Old Time Radio	Listen to old time radio shows between the 1930s - 1940s.
Saturday Night Party	Have fun with others in singing songs, dancing and having a good time.
Storytelling	Be the teller or be the listener of engaging stories.
Sunday School & Morning Service	Connect with Circle of Faith Ministries to get you spiritually inspired.
Virtual travel	Take a trip virtually through your ears and eyes and discover places near and far.
Walk N' Talk	Enjoy walking in place by either sitting down or standing up.

HOW DO IConnect?

You can connect to experiences and opportunities **2** ways.



TELEPHONE

You can connect via landline or mobile.



INTERNET

You can connect via browser or app.

You choose how to connect. Phone? Internet? Both?
Once you register, you will receive information on how to connect to sessions.

Are there **OTHER** experiences and opportunities I can connect to?

Yes, there are other experiences and opportunities you can connect to.

We work with you to figure out what experiences and opportunities interest you and do our best to connect you to it. Just ask to get connected to other experiences and opportunities.

Ready to IConnect? Then Let's REGISTER.

Choose phone, email, or mail to register.

If by PHONE, call : 216-298-4440 ext. 23.
If by EMAIL, email to: gcncs.oh@gmail.com
If by MAIL, mail to: Greater Cleveland Neighborhood
Centers Association,
Wakefield Lofts
1814 East 40th Street, Suite 4D,
Cleveland, Ohio 44103

REGISTRATION



Let's get some general information about you. Please PRINT.

What is your NAME?

First Name

Last Name

When were you BORN? Month/Day/Year

_____ / _____ / _____

What is your GENDER?

Female Male

Decline

What is your ETHNICITY/RACE?

Asian Black Caucasian Hispanic Other

What is your ADDRESS?

Street Address

Street Address Line 2

City

State

Postal Code

What is your PHONE number?

Home

Mobile

Other

What is your EMAIL? Only if you have one.

How do you want to be REMINDED for sessions? Please select one or more.

Phone Call

Text Message

Email

AGREEMENT

I hereby waive all claims against Greater Cleveland Neighborhood Centers Association (NCA), its officers, board members, agents, representatives, and employees for injury, damages, illness, or loss to my person and/or property which may be caused by any act or failures to act by NCA, its officers, board members agents, representatives, and employees. I assume the risk of participating in the IConnect program.

Further, I hereby agree and irrevocably bind myself, my heirs, my executors, administrators and assigns to at no time or place commence or prosecute any action or suit against NCA, its officers, board members, agents, representatives, or employees, on account of any claim for injury, damage, illness or loss to my person and/or property arising out any act, failure to act, condition, or occurrence during my participation in the IConnect program.

I understand that NCA will not divulge any of my contact information without my prior written consent. This includes addresses, phone numbers, email address, social media contact information, etc.

Agreement of Participant:

PRINTED NAME: _____

SIGNATURE: _____

DATE: _____

Thank you for IConnecting!

MEDIA RELEASE

I, _____, grant permission to _____, hereinafter known as the "Media" to use my image (photographs, audio and/or video) for use in Media publications including:

(Check All That Apply)

Videos Email Blasts Recruiting Brochures Newsletters Magazines
 General Publications Website and/or Affiliates Other: _____

I hereby waive any right to inspect or approve the finished photographs or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the image.

Please initial the paragraph below which is applicable to your present situation:

_____ - I am 20 years of age or older and I am competent to contract in my own name. I have read this release before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

_____ - I am the parent or legal guardian of the below named child. I have read this release before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

Signature: _____ Date: _____

Name (please print): _____

Address: _____

Signature of parent or legal guardian: _____
(if under 20 years of age)