



# MAYOR ALAI'S 2ND ANNUAL 5K & 1 MILE WALK/RUN



FOR HEALTH AND WELLNESS  
Sunday, July 12th, 2009

## SPONSORED BY



**Benefiting Parma Hospital Health Care Foundation and Broadview Heights Youth Sports**

**Place:** This is a special event for the whole family in conjunction with Home Days. Race begins and ends at Broadview Center, 9543 Broadview Road, Broadview Heights, 44147. On-site parking will be available.

**Time:** 7:30 a.m. - Race-day registration.  
8:30 a.m. - 5K (3.1 miles) Run and 1 Mile Walk/Run begin.

**Fees:** 5K Run: \$15 by July 8; \$20 race day, 1 Mile Walk: \$7 by July 8; \$10 race day  
Register online at [www.hermescleveland.com](http://www.hermescleveland.com) until July 8 (online processing fee applies).

**Family Rate:** \$12/person for the 5K and \$5/person for the 1 Mile. Must be three or more people living at the same address. Valid through the mail only.

**Awards:** Will be given to chip-timed 5K racers finishing in the top three in each age group. Age groups (male & female): 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over.

T-shirts will be given to the first 250 entrants. Refreshments for walkers and runners following the race.



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Parma Hospital, Hermes Sports and Events, City of Broadview Heights, their representatives, successors, and assigns for any and all injuries suffered by me in said event or in transit to and from said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the use of my name and/or pictures in marketing materials.

Signature \_\_\_\_\_

T-shirt size: YS YM YL AS AM AL AXL AXXL Owner Chip Code: \_\_\_\_\_

M  F Age on day of race \_\_\_\_\_ DOB \_\_\_\_\_  5K Run  1 Mile Walk/Run

Send application and check to:  
**HERMES SPORTS & EVENTS**  
1624 St. Clair Avenue, Cleveland, OH 44114

For information, call 216.623.9933  
or visit [www.hermescleveland.com](http://www.hermescleveland.com)